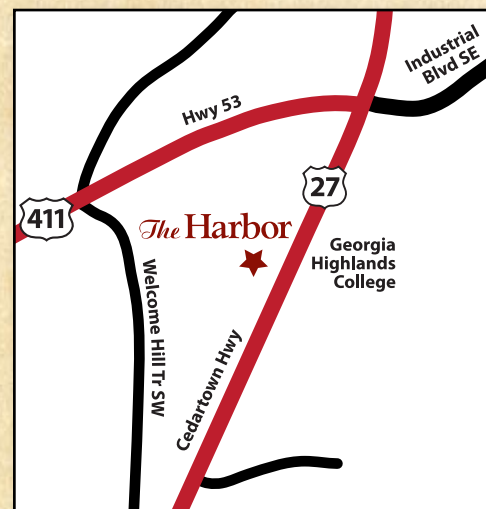


SERVICES AND AMENITIES

- Private and semi-private accommodations
- Three “Eat Better” meals and snacks daily
- SimpleC storyboard monitor in each room
- Personalized service plan
- Safe and secure environment
- Assistance with dressing, bathing, and grooming
- Medication management and administration
- Daily exercise and physical fitness activities
- “Brain Better” cognitive stimulation and brain exercises
- Personal laundry and linen services
- Extensive activity and life enrichment programs
- Beauty and barber services available
- Family support groups
- Furnished or unfurnished apartments
- Outdoor walking area with covered porch and garden area



We invite you to learn more about the advantages of the memory care services offered at The Harbor at Renaissance Marquis.



Call or visit us today!



3126 Cedartown Hwy
Rome, GA 30161
(706) 295-0014
www.renaissancemarquis.com



The Harbor has been designed to serve residents with Alzheimer's and other memory care disorders. We realize that both residents and families affected by these challenges often feel battered by the 'winds and waves' of these diseases. We are here to offer a safe place from these storms of life.

At The Harbor, we focus on providing “A Purposeful DaySM” for our residents. Our caring staff is trained to value each resident and to recognize the different histories, current desires and needs. We recognize that memory loss affects everyone differently and that is why we develop a special service plan for each resident.

Our SimpleC technology provides non-medication therapies, focusing on each resident's personal story. We work with families to select stories, pictures, interests and recorded trusted voices to assist in memory stimulation and timely reminders for activities of daily living. This technology is the result of years of study and development with cutting edge research institutions including Johns Hopkins, Emory, Georgia Tech, and Georgia State University. Each resident's apartment will have an interactive flat-panel monitor that will display family photos, broadcast recorded messages from family members, and play their favorite music.

“A Purposeful DaySM” at The Harbor utilizes the following therapies throughout each day:

- Reminiscence Therapy
- Trusted Voice Therapy
- Time and Place Therapy
- Music Therapy

Each of these important non medication therapies become an integral part of every resident's Purposeful Day.



Typical Schedule of a Purposeful Day

A Sample Day

MORNING ACTIVITIES

5:00 -

6:00 am Rise and Shine for Early Risers

Assist with Activities of Daily Living (ADLs), coffee, tea, juice while awaiting breakfast

6:00 -

7:30 am Rise and Shine

Assist with ADLs, coffee, tea, juice, light snack, morning music

7:30 -

8:30 am Breakfast Dining Experience

Enjoy dining experience with other residents, socialization

8:30 am Freshen Up After Meal

Assist with ADLs after breakfast and prepare for the day

9:00 -

11:30 am Individual, Small, and Large Group Activities

Devotions, exercise, orientation, walking club, poetry, art lessons, beauty and barber time, reminiscing using Simple C, church services, gardening, outdoor time, all while utilizing staff and volunteers

10:00 am Hydration and Snacks

Fruits vegetables, cheese and crackers, fresh baked bread, water, and juice available during activities and upon request

11:30 am Freshen Up for Lunch

Assist with ADLs for lunch

AFTERNOON ACTIVITIES

Noon

Lunch Dining Experience

Quiet music, dining with residents and guests

1:00 pm

Rest, Relaxation, and Visitation

Quiet music, time for rest or nap
Visitors are welcome.

2:00 -

4:00 pm "Brain Better" Time, Individual, Small, and Group Activities

Pet Therapy, music therapy, movies, entertainment, manicures, relation/aroma therapy, bingo, word games, garden and porch activities, small groups in themed areas, one-on-one activities

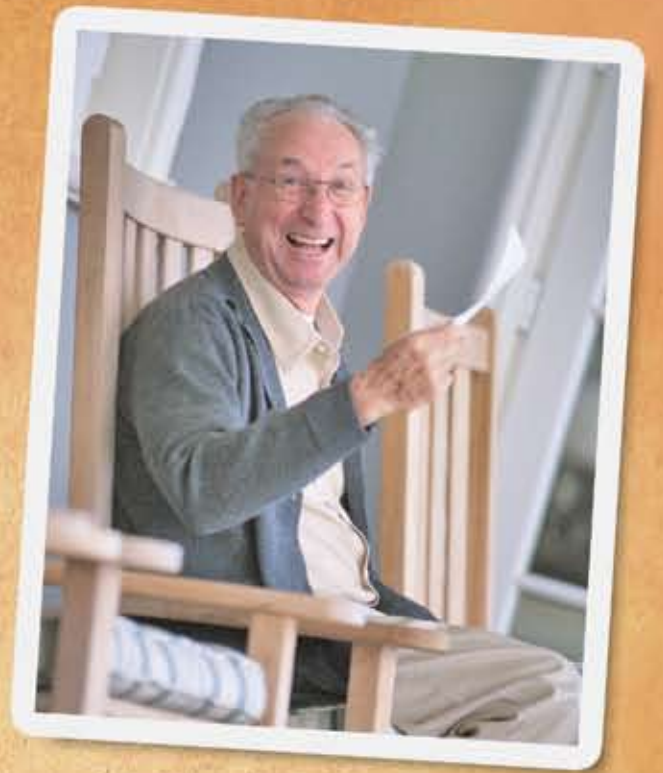
Mid afternoon Snacks and Hydration

Nutritious snacks and hydration available during activities and upon request

4:30 pm

Quiet Time to Prepare for Dinner

Quiet music, assist with ADLs, aroma therapy, hand massages



5:00 -

6:00 pm Evening Dining Experience

Dine with residents and guests, dinner music

6:00 pm

Freshen Up After Meal

Assist with ADLs

EVENING ACTIVITIES

7:00-

8:30 pm Evening Transition

Group activities including volunteer engagement, movie time, gospel videos, family and guest visits

7:30 pm

Snacks and Hydration

Nutritious snacks and hydration available during activities and upon request

8:30 -

9:30 pm Prepare for Bedtime

Assist with bedtime ADLs, quiet time, calm TV, reading and relaxation, lights dimmed

